

Curriculum Vitae

Zahra Hosseini

Assistant Professor, Department of Health Education and Promotion, Faculty of Health, Hormozgan University of Medical Sciences, Bandar Abbas, IRAN



Personal Information

First Name: Zahra
Last Name: Hosseini
Tel: (office): 33338583
E-maile: hosseinishirin@ymail.com

Education

Degree	Field	Institution	City	Country	Date
Ph.D	Health Education and Health Promotion	TUMS	Tehran	Iran	2016
M.Sc	Health Education	UMSHA	Hamedan	Iran	2010
B.Sc	Nursing	SUMS	Shiraz	Iran	1995

Trainings Passed

Certification, Workshop:

Graded Theory. USWR.2015
Translation and Transfer of Knowledge. TUMS. 2016
SPSS. HUMS. 2017
Principles Essay. HUMS. 2017
Virtual training. HUMS. 2016
Review Articles. HUMS. 2016
Estimating the size of the hidden population. HUMS. 2016
Meta-analysis. HUMS. 2016
Clinical Trials. HUMS. 2016
Student counseling techniques. 2016. HUMS
Concept mapping. 2016. HUMS
Qualitative Data Analysis Software MAXQDA.TUMS.2014
Data Analysis Skills in Qualitative Research. Terbiat Modares.2014
Test Making in Quantitative Research. Terbiat Modares.2014
Structural Equation Analysis LISREL Software. Terbiat Modares.2014
Systematic Review.TUMS.2013
Teaching Strategies and Techniques.TUMS.2013
Qualitative Studies in Social Sciences and Health. Institute of Studies,
comprehensive and specialized Management of population.2013
Evaluation Programs of Health Education and Health Promotion.TUMS.2011
Essay Writing in English. HUMS. 2011
Research in Education.HUMS.2010
Scholarships.HUMS.2010
Lesson Plan.HUMS.2010
Software End Node web.HUMS.2010
Research Methodology. UMSHA. 2008

Research Projects

1. Assessing, job satisfaction, stress and coping among Nursing Staff in Hamadan: based on Precede Model. 2009
2. Assessing of the training program effect on the pattern Breakfast consumption among secondary-school students in Bandar Abbas by using the Theory of Plan Behavior (TPB). 2010
3. Assessing , Relationship between Self- efficacy and mental health among nurses working in teaching hospitals of Bandar Abbas. 2011
4. Assessing of the educational program effect based on the theory of planned behavior regarding breakfast consumption among secondary School students in Qom. 2012
5. Exploring the process of adherence to HIV/AIDS drugs and Desine and psychometric of the Assessing Factors affecting adherence HIV/AIDS drugs. 2014

Publications

English Articles

1. **Zahra Hosseini**, Zeynab Karimi, Siamak Mohebi, Gholam Reza Sharifirad, Ahmad Rahbar, Zabihollah Gharipour. Nutritional Preventive Behavior of Osteoporosis in Female Students: Applying Health Belief Model (HBM). International Journal of Pediatric. 2017(Published)
2. **Zahra Hosseini**, Teamur Aghamolaei, Amin Ghanbarnejad. Prediction of Health Promoting Behaviors Through the Health Locus of Control in a Sample of Adolescents in Iran. Health Scope. 2017(Inpress)
3. **Zahra Hosseini**, Zabihollah Gharipour, Elahe Tavassoli, Mohammad Hossein Kaveh, Akram Mehtari. Motivating and Inhibiting Factors to Oral-Dental Health Behavior in Adolescents: a Cross-Sectional Study. International Journal of Pediatric. 2016(Published)
4. **Zahra Hosseini**, Hasan Eftkhar, Saharnaz Nedjat, Abbas Ebadi, Ladan Abbasiyan, Fereshteh Zamani, Teamur Aghamolaei, Davood SHojaei Zadeh. An Adherence to Anti-Retro-Viral HIV/AIDS Therapy among Drug Users: a Qualitative Research in Iran. Iranian Journal of Nursing and Midwifery Research. 2015(Published)

- 5 .**Zahra Hosseini**, Zabihollah Gharlipour, Anahita Mansoori, Teamur Aghamollai, Maryam Mohammadi. An Application of the Theory of Reasoned Action to Promoting Breakfast Consumption. Medical Journal of the Islamic Republic of Iran. 2015 (Published)
6. **Zahra Hosseini**, Zabihollah Gharlipour. A Systematic Review of Health Education Interventions on Students Addiction Prevention. Journal of Human Health. 2016 (Accepted)
7. **Zahra Hosseini**, Hasan Eftkhar, Saharnaz Nedjat, Ladan Abbasiyan, Fereshteh Zamani, Teamur Aghamolaei, Davood SHOjaei Zadeh. Facilitators and Barrier Adherence to Anti Retro Viral Therapy: A Qualitative Study in Iran. Journal of Human Health. 2015 (Accepted)
8. **Zahra Hosseini**, Teamur Aghamollai, Zabihollah Gharlipour, Amin Ghanbarnejad. Effect of Educational Interventions Based on Theory of Planned Behavior to promote breakfast consumption behavior in students. Hormozgan Medical Journal. 2014 (Published)
9. Zabihollah Gharlipour, Mohtasham Ghaffari, **Zahra Hosseini**, Hasan Barekati, Elahe Tvassoli, Mohammad Hozuri, Shahram Arsang Jang, Mahnoush Reisi, Maryam Sahraiyani. Investigation of educational intervention based on Theory of Planned Behavior on breakfast consumption among middle school students of Qom City. Journal of Education and Health Promotion. 2014 (Published)
10. Babak Moeini, Seyed Mohammad Mehdi Hazavehei, **Zahra Hosseini** *, Teamur Aghamolaei, Abbas Moghimbeigi. The Impact of Cognitive-Behavioral Stress Management Training Program on Job Stress in Hospital Nurses: Applying PRECEDE Model. Journal of Research in Health Science. 2011. (Published)
11. **Zahra Hosseini**, Babak Moeini, Mohammad Mehdi Hazavehei, Teamur Aghamolai, Abbas Moghimbeigi. Effect of educational stress management, based on Precede model, on job stress of nurses. Hormozgan Medical Journal. 2011. (Published)

Persian Articles

1. Teamur Aghamolaei, **Zahra Hosseini**, Fatemeh Hosseini, Amin Ghanbarnejad. The Relationship between Health Literacy and Health Promoting Behaviors in Students. Journal of Preventive Medicine. 2017 (In Press)

2. Gholam Reza Sharifirad, Siamak Mohebi, **Zahra Hosseini**, Zabihollah Gharlipour, Kamel Ghobadi Dashdebi. Perceived Threat about Cigarette Smoking among Adolescents: Optimistic Bias. Qom Univ Med Sci. 2016 (Published)
3. **Zahra Hosseini***, Teamur Aghamollai, Babak Moeini, Mohammad Hazavehei, Abbas Moghimbeigi. The effect of health education program on female nurses stress. Journal of Health System Research. 2014. (Published)
4. **Zahra Hosseini**, Mohammad Mehdi Hazavehei, Masoomeh Imanzad, Amin Ghanbarnezhad, Zabih Gharlipour. Occupational Stress and Mental Health Relationship in Nurses. Journal of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences. 2013. (Published)
5. Seyed Mohammad Mehdi Hazavehei, **Zahra Hosseini**, Babak Moeini, Abbas Moghimbeigi, Yadollah Hamidi. Assessing Stress Level and Stress Management Among Hamadan Hospital Nurses Based on PRECEDE Model. Journal of Gonabad University of Medical Sciences. 2012. (Published)

Presentation

1. Second International Congress and sixth National Congress of health education and health promotion. KUMS. IRAN. 2015 (19-21 May). Adherence to Anti Retro Viral Therapy: A Qualitative Study of Facilitators and Barriers Among HIV/AIDS Patients in IRAN” **Poster**
2. Second International Congress and sixth National Congress of health education and health promotion. KUMS. IRAN. 2015 (19-21 May). Application of the Theory of Reasoned Action to Promoting Breakfast Consumption **Poster**
3. 5th National Congress of health promotion and health education. TUMS .IRAN. 2013 (28-29 October). Effect of Educational Interventions Based on Theory of Planned Behavior to promote breakfast consumption behavior in students **Poster**
4. First International Congress and fourth National Congress of health education and health promotion. TBZMED. IRAN. 2011 (16-19 May). Effect of educational stress management, based on Precede model, on job stress of nurses **Poster**

5. First National Congress of Health News. UMSHA.IRAN.2010. Assessing Stress Level and Stress Management Among Hamadan Hospital Nurses Based on PRECEDE Model. **Oral**

Scientific-Executive Records

Responsible of EDO, since 2016 up to now

Referee Journal of Iranian Journal of Health Education and Health Promotion

Referee Journal of School of Public Health and Institute of Health Research.TUMS

Referee Journal of High Risk Behavior and Addiction. ZAUMS

Referee JHSSS. SUMS

Referee Journal of Preventive Medicine. HUMS

Talented qualification in M.Sc. Course.UMSHA,2010

Teaching

Instructional Technology

Health Promotion Strategies

Planned interventions of Health Education and Promotion

Basic and Principles in Health Services

Health Promotion and Healthy Life Style

Health Education in Health care centers

Basic and Principles of Sociology

Human Ecology and Health International

Elderly Health

Health Promotion

First aid

Family Planning

Advisor of students

Supervisor of students

Professional Memberships

Committee member of Health Education, HUMS, since 2011 up to now

Member of Research Council of Social factors in health promotion research center.

HUMS, since 2011 up to now

Member of Accountable and Equitable Education Working Group, since 2016 Nov up to now

Committee member of University of Industrial Relations, since 2016 Dec up to now

Expert and the Budget Committee of Research Projects, since 2016 Dec up to now

Cultural & Social Activities

Iranian Health Education and Promotion Association

Research Interests

Health Promotion Strategies

Qualitative Research

Social Determinants of Health

Referees:

Pro. Teamur Aghamolaei, Department of Health Education and Promotion, Faculty of Health, Hormozgan University of Medical Sciences, Bandar Abbas, Iran
E-mail teaghamolaei@gmail.com

Pro. Hassan Eftekhar, Department of Health Education and Promotion, Faculty of Health, Tehran University of Medical Sciences, Tehran, Iran. E-mail eftkhara@sina.tums.ac.ir